

Celebrating  Years

**Brightsun**  
RAVEL

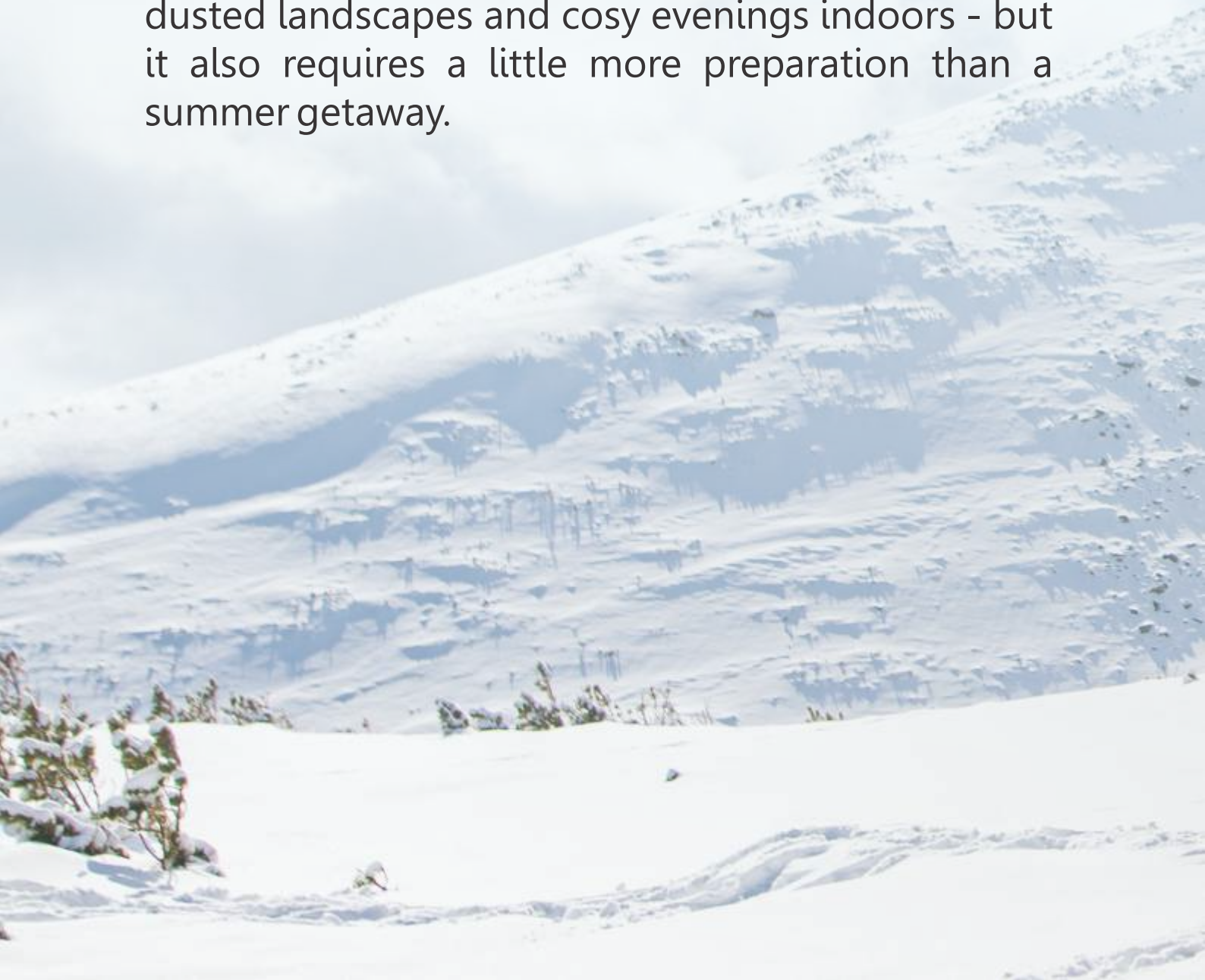
# Winter Travel Packing Guide



## **Brightsun's Packing Guide: Winter & Ski Holidays**

The essentials you need to pack for any winter getaways or the perfect ski trip this season!

Planning a winter escape? Packing for winter can be tricky, especially if you're travelling light with just a weekend holdall. Whether you're heading for a snowy city break, a festive European market, or an action-packed ski trip in the mountains, the right packing strategy makes all the difference. Winter travel can be magical - think crisp mornings, snow-dusted landscapes and cosy evenings indoors - but it also requires a little more preparation than a summer getaway.



## What to Pack for a Winter Escape

Cold-weather destinations require a few smart clothing choices. When packing for a winter city break or countryside escape, layering remains your best strategy. Start with thermal base layers that keep you warm without adding bulk, then add comfortable knitwear and a reliable winter coat. A waterproof outer layer is always useful, especially in places where rain, sleet or snow can appear unexpectedly. By choosing versatile, warm clothing pieces that mix and match easily, you can stay comfortable while making the most of everything a winter destination has to offer.

Accessories are just as important during winter travel. A warm scarf, gloves and a comfortable beanie can make long walks through chilly streets far more enjoyable. Footwear is another essential you must consider while packing – insulated, waterproof boots with a good grip will keep your feet warm and steady on icy pavements.

Don't forget practical extras such as moisturiser, lip balm and sunscreen, as cold air and winter sun can be surprisingly harsh on the skin. A compact umbrella, reusable water bottle and a small daypack can make exploring easier.



## Expert Guide to Packing for a Ski Getaway

Heading on an exciting ski trip? Here's an expert guide to the essentials you'll want to pack for your winter ski getaway.

Winter is a popular time for a thrilling ski trip to the mountains. Nothing replaces the rush of shredding down the mountain, taking in the stunning alpine views and feeling accomplished. However, cold-weather gear tends to be bulky, and it could be difficult for anybody to pack everything in one bag for the trip. It takes a lot of thought to strike the right balance between practicality and style, and pack right for a winter escape.

The secret to packing well in winter is simple: choose versatile pieces that layer easily and work just as well on the slopes as they do at après-ski. With the right outfits, you'll be ready for everything from crisp bluebird mornings to snowy white outs, without overstuffing your suitcase.



## **A Lightweight, Insulated Ski Jacket**

A dependable ski jacket is the backbone of any winter wardrobe. The jacket should keep you warm and dry without restricting movement. You can look for waterproof fabric, breathable panels and proper insulation, features that make all the difference on long days outdoors.

Brands such as Helly Hansen are renowned for durable, cold weather-ready outerwear designed for tough alpine conditions. If you prefer something sleek and modern, choose something from Mountain Warehouse that offers affordable, practical options suited to British travellers. Opt for a fit that allows room for layering underneath while still feeling comfortable enough on the slopes.

## **Reliable Snow Trousers**

Ski trousers do far more than keep you warm as they protect you from wind, snow and damp chairlifts. Therefore, it is extremely important to choose a good pair; look for waterproof and windproof fabrics with enough stretch to allow easy movement. Well-designed options from The North Face combine performance with a flattering cut, and offer practical designs at excellent prices. When purchasing, always try your snow trousers on with your ski boots to check the length and ensure the cuffs sit comfortably over them.

## **A Padded Down Jacket**

A down or insulated jacket is ideal for layering under your ski jacket, especially on extremely cold days or wearing on its own for evening strolls around the resort. Choose jackets that are lightweight and responsibly sourced so that they are packed easily into your luggage. If you are looking for something warm with a sportier feel, Berghaus delivers reliable insulation suited to alpine climates.

## **A Pair of Ski Goggles**

Clear vision is essential on the mountain. Quality goggles protect your eyes from glare, wind and snowfall, while improving visibility in changing light. Look for models with advanced lens technology and wide fields of view, opting for something dependable and affordable. Make sure to pack your goggles in a soft pouch to avoid scratches, and if you wear a helmet, try it on with your goggles to ensure a proper fit.

## **A Warm Beanie**

You really do lose heat through your head, so a snug beanie is non-negotiable. Whether you're wandering through the resort village or want to stop for a hot chocolate between runs, a good hat keeps you comfortable. Choose a classic knit style for understated warmth or a sportier, youthful look. Make sure it fits well under your helmet if you plan to wear it on the slopes.

## **Cosy Knitwear**

Nothing says alpine retreat like a chunky knit jumper. Ideal for evenings by the fire, it adds both warmth and character to your winter wardrobe. Look for comfortable, well-crafted knits that feel right at home in a mountain setting.

## **Base Layers**

Layering is your best defence against unpredictable mountain weather. Thermal tops, leggings and fleeces trap warmth without adding bulk. Choose stylish thermal sets from Uniqlo designed for performance, or opt for practical insulating pieces suited for colder climates. Don't forget thermal leggings for under your ski trousers that are especially useful when temperatures drop below freezing.

## Warm Ski Socks

Never underestimate the power of good socks. Merino wool blends regulate temperature and wick away moisture, keeping your feet dry throughout the day. Look for quality options that offer cushioning and durability for long hours in ski boots. If it's particularly icy, you can put hand warmers into the front of your boots to keep your toes warm.

## Ski Gloves or Mittens

Cold hands can cut a ski day short. Invest in waterproof, insulated gloves or mittens that allow you to grip poles comfortably. Make sure your gloves/mittens fit snugly but also allow room for movement.

## Snow Boots

Once the skis come off, you'll want sturdy footwear for walking through snow-covered streets. Insulated, waterproof boots are essential and you should look for options that are known for warmth and durability, while also not compromising on the practicality.



# The Ultimate Winter Travel Packing Checklist

Be sure to print this essential packing guide before you embark on your next winter getaway.

## CLOTHING

### TOPS

- Long-sleeve t-shirts
- Tank tops
- Thermal base layers
- Blouses
- Dresses
- Button-up shirts
- Jumpers
- Fleece

### UNDERGARMENTS

- Underwear
- Bras
- Socks
- Warm long socks
- Nightwear

### ACTIVE WEAR

- Athletic clothes
- Athletic shoes

### BOTTOMS

- Shorts
- Jeans
- Insulated leggings
- Trousers
- Skirts
- Ski Trousers

### OUTERWEAR

- Light cardigan
- Denim jacket / stole
- Lightweight puffer jacket
- Bomber jacket
- Blazer
- Raincoat
- Warm waterproof jacket
- Ski Jacket

### FOOTWEAR

- Comfortable walking shoes
- Dress shoes
- Waterproof shoes
- Ski boots

### SWIMWEAR

- Swimsuits
- Cover-ups

### ACCESSORIES

- Sunglasses
- Ski goggles
- Hat
- Scarf
- Belt
- Beanie
- Gloves
- Hand warmers

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## PERSONAL HYGIENE

- Hairbrush or comb
- Toothbrush
- Toothpaste
- Dental floss
- Deodorant
- Skincare products
- Body wash
- Shampoo & conditioner
- Shaving kit
- Glasses
- Contact lenses
- Tweezers
- Nail clippers
- Hairdryer
- Hair protection products
- Hair styling products
- Perfume/aftershave

## TRAVEL HEALTH

- Pain reliever medication
- Fever reducers
- Cold medicines
- Senokot / Imodium
- Personal prescriptions
- Vitamins
- Throat lozenges
- Sunscreen
- Sunburn relief
- Insect repellent
- Antibacterial ointment
- Hand sanitiser
- Wet wipes
- First aid kit

## EVERYDAY ESSENTIALS

- Phone and charger
- Headphones / AirPods
- Umbrella
- Water bottle
- Travel pillow
- Eye mask
- Earplugs
- Camera and charger
- Electric converters & adapters
- Watch
- Travel journal & pen
- Reading materials

## TRAVEL GEAR

- Main travel bag
- Packing cubes
- Comfort & security items
- Day bag & travel wallet

## DOCUMENTS

- Passport/visa
- Driver's licence
- Health insurance documents
- Transportation tickets
- Emergency contacts
- Reservation information
- Hotel information
- Student ID
- Cash in local currency
- Credit/debit card
- Guidebooks & maps
- Copies of tickets/passports

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Ready for your next unforgettable adventure?  
**Call 0208 819 0531** and let our experts find  
your perfect destination.

